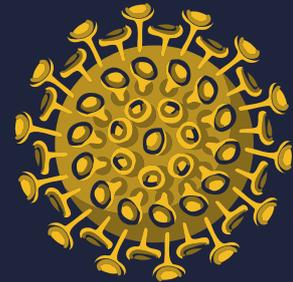
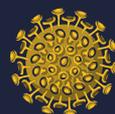
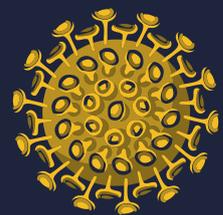
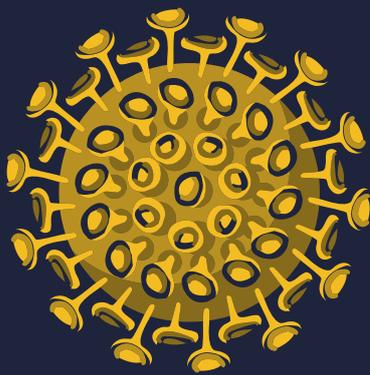


October 2020



**A Guide on Corona Measures at the University of Amsterdam.**

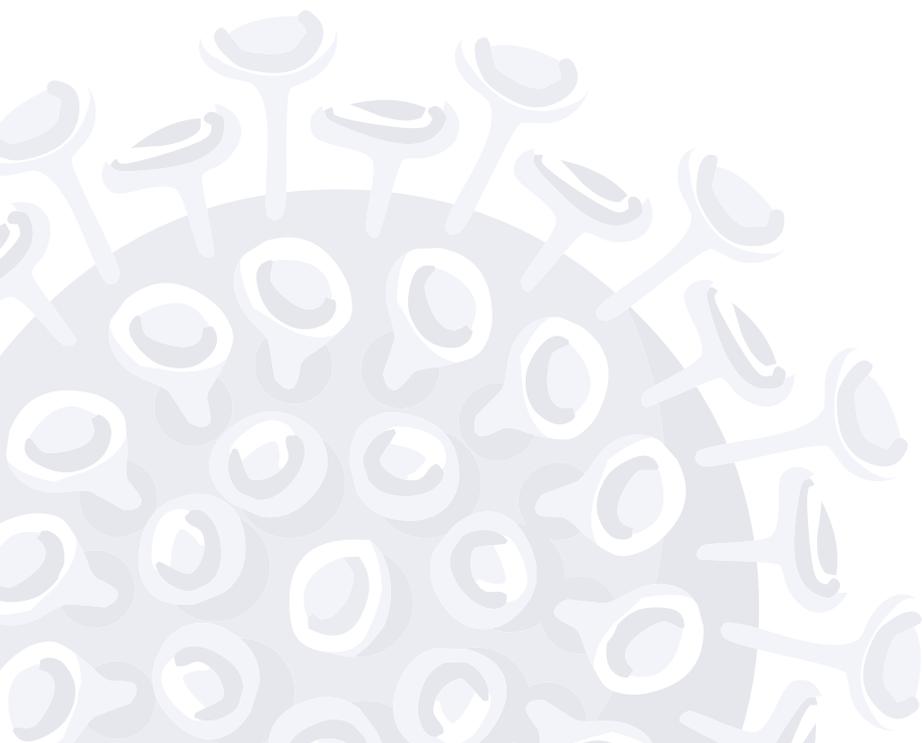


# An Introduction.

The outbreak of the coronavirus has brought many complications for everybody, including students. Of course, we are all curious what are the options, what we can and cannot do.

In this compact booklet, we will provide you with an overview of what is possible and what is not, what kind of measures you can take yourself, and what you can expect of classes and exams in the coming period.

If you want to be up-to-date on the most recent regulations and recommendations regarding the coronavirus or know what you should do when you are potentially infected, you can check out the following information by the [Dutch Health Ministry](#) or the [University of Amsterdam's updates page](#)



# The University's rules regarding studying at the shared study spaces.

The most important health measures you should take yourself are:

- Study and work from home as much as possible.
- Minimise the use of public transport.
- Avoid using elevators at the UvA, take the stairs as much as possible.
- Follow the instructions regarding walking routes and hygiene measures.
- Keep distance and general hygiene regulations.

## Buildings and facilities.

The UvA buildings have been organised in such a way that you can move about them while still keeping the mandatory 1.5 meters distance between others. Where it is necessary, routes inside the buildings have been altered to accommodate this need. You may have to take a detour from your usual route every now and then to reach your destination. At the entrance, you will be asked to disinfect your hands. Facilities such as toilets and printers are being cleaned more than usual. Keep in mind though that you have to be responsible for your own safety when using shared utilities. The capacity of the buildings is limited to about 20 per cent to maintain a 1.5-metre distance between students as well as staff as much as possible. In view of this, try to work and study from home as much as possible. View the Corona updates page for the latest information on recommendations and regulations. Although we recommend it, it is not necessary to wear a face mask in the UvA buildings.

## Science Park.

- Buildings A, B, C, D and E at Science Park 904 are open during regular hours
  - From Monday till Friday, from 7:00 to 22:00.
  - On Saturdays from 10:00 to 18:00
- Buildings F and G at Science Park 904 are open from Monday to Friday between 10:00 and 19:00.
- SP 107 is open from Monday to Friday between 8:00 and 18:00.
- FNWI Pavilion is open from Monday to Friday between 9:00 and 18:00.
- The following Amsterdam Science Park buildings are closed:
  - AUC
  - Building H

## Roeterseiland Campus.

- The Roeterseiland Campus is now closed on weekends and evenings. It is open between 08:00 and 18:00.
- REC A is open and accessible via the main entrance on the Valckenierstraat 65. There are no study places.
- REC B via the main entrance at the Nieuwe Achtergracht. There are no study places.
- REC C/D via main entrance at the Nieuwe Achtergracht.
- REC E via main entrance on Roetersstraat/Nieuwe Prinsengracht.
- REC L and G, via the main entrance of REC G, are accessible with a staff card. Students who are registered for temporary small-scale education can enter through the main entrance of REC L.
- REC M: Web lectures scheduled for REC M will be moved to REC A.
- REC H: Only open to students by reservation. They can book a study space via the [Library website](#). The adjusted opening hours are 7:30-18:00.

## University Quarter.

- The University quarter includes the UvA buildings in the centre of Amsterdam at and around the Binnengasthuis premises such as the OMHP, the University theatre, and the BG buildings.
- All buildings in the University Quarter are now open again, but access remains limited. Students who need access to one of the buildings should email their tutor.
- Adjusted opening hours: 8:00 – 18:00.
  - Evenings: closed.
  - Weekends: closed.
- Study places in the University Library (UB) are only available upon reservation via the [Library website](#).

## The University Library.

The University Library is now open and it is possible to make use of a limited number of the study spaces at the University Library on Singel. Keep in mind that you have to take the 1.5 m distance into account and make sure to reserve your study spot in advance. You can find more information about booking your study spot, as well as the opening hours of the University Library on [uba.uva.nl](http://uba.uva.nl). You are only allowed to come to the Library if you do not have any cold, flu or other symptoms which could be related to the coronavirus.

## MapIQ and booking study places.

- As of now, it not possible to book rooms for studying and/or collaboration as usual through the MapIQ website.
- As mentioned above, it is necessary to book a place and time slot when visiting UvA libraries. This and all other information can be accessed [here](#).



# Teaching and exams.

## On-site teaching.

As you know by now, classes and exams are continuing, but mostly online due to it still being irresponsible to house large numbers of students on campus with the current developments regarding the coronavirus. The UvA will keep you updated on policy changes as much as possible. Specifics vary from program to program. You can check them out [here](#).

## Exam Inspection.

After the grades of a written exam have been released, it is your right to inspect the assessed exam within a number of working days. The specific period is stipulated in the Teaching and Examination Regulations (OER) of every course, but ranges around 20 days. However, taking the current situation in mind, changes could be made regarding this period. The UvA has ensured students that examiners will do their best to make online inspection possible or to request that the inspection option will be postponed if needed.

## Online Proctoring.

To find out more about what online proctoring is click [here](#). Does the UvA use online proctoring? Yes, but not always. Proctoring will be deployed in case of the lack of an alternative. Because of the novel coronavirus, study programmes are looking for alternative forms of assessment, such as timed take-home exams, oral exams, final assignments or essays. Online proctoring is one solution that would prevent having to postpone tests for which no alternative could be found due to complications caused by the coronavirus. In this way, exams for large groups of students can be held remotely and study delays can be avoided. It also offers international students the opportunity to take exams without returning to the Netherlands. Keep in mind that not every programme utilises online proctoring. If you're unsure, consult your Course Manuals and/or the Course Coordinator.

## Internet Connection.

The UvA advises you to have a good internet connection during the exams which is entirely your own responsibility. In case of bad internet connection try to find a quiet place with stable internet access, for example a public library.

# Working and studying in collaboration from home.

## Tips on how to study during COVID-19.

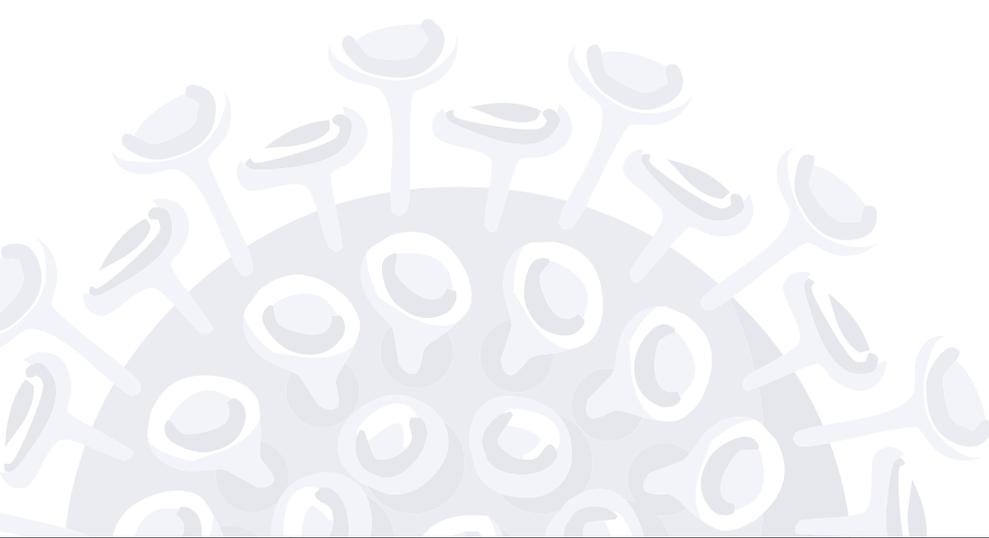
1. Find a morning routine.
2. Create a quiet working area and get rid of distractions.
3. Take enough breaks, go outside, and exercise.
4. Keep socialising (safely!).
5. Effective time management and planning.
6. Ask for help when you are stuck.

## Who to reach out to?

In case you need specific help with your studies, you can contact the UvA study advisor. To contact your study advisor, search for your program on [this list](#).

In case you need emotional support, you can contact the university psychologist [here](#).

And, finally, in case you need any help or have any study- or University-related complaints, always feel free to contact 020!



# Alternatives for studying at home.

## OBA.

OBA is a great potential study area and a socially-wise collaborating space. The Openbare Bibliotheek Amsterdam (OBA) are public libraries that everyone can visit. They provide quiet study places with stable internet access—something we all need right now. In total, there are 26 open public libraries all across Amsterdam whose size, capacity and access times may vary so make sure to check out the [website](#) for your preferred location. Due to the coronavirus, it is not possible to request journal volumes, periodicals, books, videos, DVDs, and CDs from the OBA repository.

Besides the library, cafes are a great place to study and collaborate (safely) with fellow students as they have a relaxing atmosphere and usually free internet connection. It is important that you keep in mind the general rules concerning social distancing and hygiene. Do not go to a cafe if you have symptoms of COVID-19 or a generally weakened immune system! If you do decide to go, here are a couple of OBA's suggestions:

## Volkshotel.

Wibautstraat 150, 1091 GR  
Open every day from 7:30 to 01:00

Located on the Amstel, the [Volkshotel](#) has a well-regarded 'werkplaats' which is able to accommodate students individually or in smaller groups for collaborations.

## Espressofabriek.

Pazzanistraat 39, 1014 DB  
Open daily from 10:00 to 16:00

Known to be an ideal meeting place in the vicinity of the Westerpark, [Espressofabriek](#) still holds great function for spacious and silent studying.

## Coffee and Coconuts.

Ceinturbaan 282-284, 1072 GK  
Open every day from 08:00 to 17:00

Located in De Pijp, [Coffee and Coconuts](#) is a former cinema (built in the roaring 20s) turned into a cafe. Decorated for tranquillity, it is an ideal place for students.

## Starbucks - the Bank.

Utrechtsestraat 9, 1017 VH  
Open daily from 7:30 to 19:00

Being the largest Starbucks store in Europe, [the Bank](#) has a different vibe to it. Rather than being a drive-by option for coffee or a cramped Starbucks cafe, this particular store is 430 m<sup>2</sup> big and has tonnes of space to sit alone and read or get some socially-distanced collaboration done!

# A Final Note.

There is no doubt that the outbreak of the coronavirus has uprooted us all. It has had a large impact on our studying as well as our social lives. Only if all of us take our responsibility and act responsibly, we can defeat the virus.

That's what we hoped to do by writing this booklet: providing you all with a set of options to make sure you can keep studying and socialise as normally as possible, while at the same time acting responsibly.

For any comments or suggestions, please feel free to contact us via [contact@020together.nl](mailto:contact@020together.nl) or visit our website [www.020together.nl](http://www.020together.nl). Furthermore, if you'd like to get involved in our party, reach out to us on any of our platforms!

Stay healthy!

Your 020 team